

# 元智大學 115 年寒假期間學生活動安全注意事項

假期將至，為維護學生健康及安全，就下列事項加強提醒安全預防工作，以避免學生涉足不良場所或從事無安全規劃之工作，肇生意外事件：

## 一、詐騙防制：

- (一) **假期間應提醒勿點選不明簡訊網址**，避免手機中毒被當成跳板而四處散發簡訊，使歹徒有機可乘。並建立安全使用智慧型手機的觀念，於使用網路聊天 APP(如 Line) 時，請慎防及提高警覺，切勿洩漏帳號與密碼，被歹徒盜用後進行詐騙成為詐騙受害者。
- (二) **歹徒常利用小額付費機制進行詐騙**，甚至先開通被害人小額付費服務後再行騙代收認證簡訊。多一分謹慎就多一分保障，建議學生可向電信公司申請關閉手機小額付費功能，並且切勿代收簡訊。
- (三) 依據內政部警政署統計，當今最常發生的詐騙態樣為假投資詐騙，請學生謹記「**防詐騙三不三要**」原則：
  - 1. 三不：
    - (1) 不聽：來源不明資訊。
    - (2) 不加：陌生投資群組。
    - (3) 不用：保證獲利 APP、投資平臺。
  - 2. 三要：
    - (1) 要警覺：對任何鼓吹加入投資群組、勸誘買股投資訊息提高警覺。
    - (2) 要查證：向合法期貨商、合法投信投顧業者、合法證券商或 165 反詐騙專線查證。
    - (3) 要報警：向治安單位或檢調單位檢舉（或撥 165 反詐騙專線）。
- (四) 請鼓勵家長及學校師生透過手機下載「**警政服務 APP**」或上網查詢內政部警政署「165 全民防騙網」(<http://165.npa.gov.tw/#/>)，及加入內政部警政署 165 防騙宣導 LINE 好友等相關資訊管道，獲取最新詐騙手法知識及相關反詐騙諮詢服務，以避免成為詐騙受害者。

## 二、活動安全：

### (一) 室內活動：

**從事室內活動時，首先應熟悉逃生路線及逃生設備，並熟悉相關消防（逃生）器材操作**，如滅火器、緩降機等，方能確保活動時之安全。

### (二) 戶外活動：

**寒假期間學生從事各類戶外活動，首先應注意天候變化及熟悉地形環境**，近來登

山意外頻傳，從事登山活動應注意事項：

1. 登山前應充分了解登山潛在風險，及山域事故救援困難，請審慎評估自身能力、體力及天候狀況等條件，選擇合適山域。
2. 請注意有無申請許可之規定，如有應依法辦理申請入山、入園，並攜帶適合裝備，及擬定登山計畫，投保相關保險以充分保障自身安全。
3. 登山途中也應充分注意山域或設施相關警告及標示。

### 三、工讀安全：

同學打工應**遵循三要**「要確定、要存疑、要告知」、**七不原則**「不繳錢、不購買、不簽約、證件不離身、不非法工作、不飲用、不辦卡」；**如果發生受騙或誤入求職陷阱，致勞動權益受損，可撥打當地勞工局電話，請求專人協助救濟權利。**

### 四、交通安全：

- (一)根據本部校安中心的統計顯示，校外交通意外事故為學生意外傷亡的主要原因。寒假期間同學可能因為參加活動、打工兼職等因素，增加使用交通工具的機率，因此需特別提醒同學騎乘機車、自行車等，**請注意下列交通安全注意事項，確保自身安全，減少交通意外事故。**

1. 請切實遵守交通安全5大守則：

- (1)熟悉路權、遵守法規。
- (2)**我看得見您，您看得見我，交通才會安全。**
- (3)謹守安全空間--不作沒有絕對安全把握的交通行為。
- (4)利他用路觀--不作妨礙他人安全與方便的交通行為。
- (5)防衛兼顧的安全用路行為--不作事故的製造者，也不成為無辜的事故受害者。

2. 自行車道路安全：

請配戴自行車安全帽，行進間勿使用行動電話，不可附載坐人、人車共道，請禮讓行人優先通行、行人穿越道上不能騎自行車，**大型車轉彎半徑大並有視覺死角，避免過於靠近行駛於大型車前或併行，以維護生命安全。**

3. 機車安全：

**請正確配戴安全帽、全天開頭燈、勿無照騎車、行車時勿當低頭族、勿以手持方式使用行動電話、勿任意變換車道、路口禮讓行人、禁止飆車，避免過於靠近行駛於大型車前或併行，以維護生命安全。**

4. 行人道路安全：

**不任意穿越車道、闖紅燈，不任意跨越護欄及安全島，不侵犯車輛通行的路權，**

避免過於靠近行駛於大型車前或併行，以維護生命安全。

## 五、居住安全：

- (一)如遇火災時切勿慌張，應大聲呼叫、通知周邊人員自身所在位置，並進行安全避難，切勿躲在衣櫥或床鋪下等不易發現場所。
- (二)使用瓦斯熱水器沐浴及瓦斯爐煮食時，要注意室內及走廊空氣流通，使用時切忌將門窗緊閉，或晾曬之衣物阻擋換氣通風窗口，易導致因瓦斯燃燒不完全，而肇生一氧化碳中毒事件；有頭昏、噁心、嗜睡等身體不適情況發生，應立即打開通往室外的窗戶通風，若身體嚴重不適時，請先前往通風良好的室外環境，再打119 電話或與親友(學校)求助，以維護自身安全。外出及就寢前亦必須檢查用電及瓦斯是否已關閉，以確保安全。

## 六、校園及人身安全：

同學若於校內、外遭遇陌生人或發現可疑人物，應立即通知師長或快速跑至人潮較多地方或最近便利商店，大聲喊叫吸引其他人的注意，尋求協助。夜間返回租屋處尤須注意門戶安全及可疑份子；另行經偏僻昏暗巷道時，應小心不明人士跟蹤尾隨，並隨身攜帶個人自保物品如防狼噴霧劑、哨子等，以備不時之需。

## 七、藥物濫用防制：

- (一)新興混合式毒品包裝精美，易降低施用者對於毒品的警戒性，且多為二種以上的毒品混合，造成更大的危險性及致死率。
- (二)請同學應保持正常及規律生活作息，不依賴藥物提神，非醫師處方藥物不要輕易使用，拒絕成癮物質；參加聚會活動時，務必提高警覺並且不隨意接受陌生人的物品及飲料，守法自律、做正確的選擇才能隔絕受同儕及校外人士引誘。

## 八、犯罪預防：

另近年來電腦網路違法事件增多，如：非法散布謠言影響公共安寧、違法上傳不當影片、入侵他人網站竊取或篡改資料等，同學網路使用應尊重個人隱私權益，以免誤蹈法網。

元智大學校安中心專線電話：(03)4553698。

# Yuan Ze University 2026 Winter Break Student Activity

## Safety Guidelines

The holidays are approaching. To safeguard students' health and safety, the following points are emphasized to strengthen reminders on safety precautions, preventing students from frequenting inappropriate places or engaging in work without proper safety planning, which may lead to accidents:

### **1. Fraud Prevention:**

- A. **During the holiday, please be reminded not to click on unknown SMS links** to avoid your phone being infected and used as a platform to spread messages, giving criminals an opportunity to exploit. Establish the concept of safe smartphone usage. When using online chat apps (such as Line), please stay vigilant and cautious, and do not disclose your account and password to prevent them from being stolen and used for fraud, making you a victim of scams.
- (B) **Criminals often exploit the small payment mechanism for scams**, even going as far as activating the victim's small payment service before deceiving them into accepting payment verification SMS. A little more caution provides greater protection. It is recommended that students apply to their telecom company to disable the small payment function on their phones and avoid accepting SMS on behalf of others.
- (C) According to the statistics of the National Police Agency, Ministry of the Interior, the most common type of fraud nowadays is fake investment scams. Students are reminded to adhere to the "**Three Don'ts and Three Dos of Fraud Prevention**" principle:

#### 1. Three No's:

- (1) Do not listen: Information from unknown sources.
- (2) Do not join: unfamiliar investment groups.
- (3) Do not use: Guaranteed profit apps, investment platforms.

#### 2. Three Essentials:

- (1) Be alert: Stay vigilant against any promotion to join investment groups or solicitation of stock investment information.
- (2) To verify: Confirm with a legitimate futures merchant, a legitimate investment trust and consulting firm, a legitimate securities firm, or the 165 anti-fraud hotline.

- (3) Report to the police: File a report with law enforcement or investigation units (or call the 165 anti-fraud hotline).
- (4) Please encourage parents, school teachers, and students to download the "**Police Service APP**" on their mobile phones or visit the National Police Agency's "165 Anti-Fraud Website" (<http://165.npa.gov.tw/#/>), as well as add the National Police Agency's 165 Anti-Fraud LINE friend for related information channels. This will help them acquire knowledge of the latest fraud techniques and access anti-fraud consultation services to avoid becoming victims of fraud.

## **2. Activity Safety:**

### **(A) Indoor activities:**

When engaging in indoor activities, you should first familiarize yourself with escape routes and evacuation equipment, as well as the operation of related fire (evacuation) equipment, such as fire extinguishers and descent devices, to ensure safety during activities.

### **B. Outdoor activities:**

During the winter vacation, students engage in various outdoor activities. First, they should pay attention to weather changes and familiarize themselves with the terrain . Recently, there have been frequent mountain climbing accidents. Precautions for engaging in mountain climbing activities:

1. Before hiking, fully understand the potential risks of hiking and the difficulties of mountain rescue. Carefully assess your own abilities, physical strength, and weather conditions to choose a suitable mountain area.
2. Please note whether there are regulations requiring a permit application. If so, you should apply for mountain or park entry permits in accordance with the law, carry appropriate equipment, draft a hiking plan, and purchase relevant insurance to fully ensure your safety.
3. Pay close attention to warnings and signs related to the mountain area or facilities during the hike.

## **3. Work-study Safety:**

Students working part-time should follow the three principles: "Be certain, be skeptical, and inform others", and adhere to the seven no's: "No payments, no purchases, no contracts, keep your ID with you, no illegal work, no drinking, and no credit card applications."; If you are deceived or fall into a job trap that harms your labor



rights, you can call the local labor bureau for professional assistance to safeguard your rights .

#### 4. Traffic Safety:

(A) According to the statistics from the School Safety Center of the Ministry, off-campus traffic accidents are the main cause of accidental injuries and fatalities among students. During the winter vacation, students may increase their use of transportation due to activities, part-time jobs, and other factors. Therefore, students are especially reminded to pay attention when riding motorcycles, bicycles, etc., please note the following traffic safety precautions to ensure personal safety and reduce traffic accidents.

1. Please strictly follow the 5 major traffic safety rules:

(1) Familiarize yourself with right-of-way and comply with regulations.

(2) I can see you, you can see me, and only then will traffic be safe .

(3) Adhere to a safe space—avoid engaging in traffic behaviors without absolute safety assurance.

(4) Altruistic road use perspective--Avoid engaging in traffic behaviors that hinder the safety and convenience of others.

(5) Defensive and safe road behavior—neither being the cause of accidents nor becoming an innocent victim of one.

2. Bicycle road safety:

Please wear a bicycle helmet, do not use mobile phones while moving, do not carry passengers, and avoid sharing paths with pedestrians. Yield to pedestrians, and do not ride bicycles on pedestrian crossings. Large vehicles have a wide turning radius and blind spots; avoid staying too close in front of or alongside large vehicles to ensure safety.

3. Motorcycle safety:

Please wear a helmet correctly, keep your headlights on all day, do not ride without a license, and avoid being distracted while driving , do not use mobile phones in a handheld manner, avoid changing lanes arbitrarily, yield to pedestrians at intersections, refrain from speeding, and avoid driving too close to or alongside large vehicles to ensure safety.

4. Pedestrian road safety:

Do not arbitrarily cross lanes or run red lights, and do not cross barriers or safety

islands at will, do not infringe on the right of way of vehicles, and avoid getting too close to or driving alongside large vehicles to ensure safety.

#### **V. Residential Safety:**

- (A) In case of a fire, do not panic. Shout loudly to notify nearby individuals of your location and proceed to a safe refuge. Avoid hiding in places that are hard to detect, such as wardrobes or under beds.
- (2) When using a gas water heater for bathing or a gas stove for cooking, ensure proper air circulation indoors and in the corridor. Avoid keeping doors and windows tightly closed or blocking ventilation windows with drying clothes during use, as this may lead to incomplete gas combustion and result in carbon monoxide poisoning. If symptoms such as dizziness, nausea, or drowsiness occur, immediately open windows leading outdoors for ventilation. If severe discomfort persists, move to a well-ventilated outdoor area first, then call 119 or seek help from friends, family, or the school to ensure personal safety. Before going out or sleeping, always check that electrical appliances and gas are turned off to ensure safety.

#### **6. Campus and Personal Safety:**

Students who encounter strangers or notice suspicious individuals on or off campus should immediately inform their teachers or quickly run to a crowded area or the nearest convenience store, shouting loudly to attract others' attention and seek help. When returning to rented accommodations at night, pay extra attention to door security and suspicious individuals. Additionally, when passing through remote and dimly lit alleys, be cautious of unknown persons following you, and carry personal self-defense items such as pepper spray or a whistle for emergencies.

#### **7. Drug Abuse Prevention:**

- (A) Emerging hybrid drugs are packaged exquisitely, easily reducing users' vigilance against drugs, and often consist of a mixture of two or more drugs, resulting in greater danger and higher fatality rates.
- (B) Students should maintain a normal and regular daily routine, avoid relying on medication to stay alert, and refrain from using non-prescription drugs. Reject addictive substances. When attending gatherings or events, always stay vigilant and do not casually accept items or drinks from strangers. Abiding by the law and

exercising self-discipline, along with making the right choices, can help resist temptations from peers and outsiders.

#### **8. Crime Prevention:**

In recent years, there has been an increase in illegal activities on computer networks, such as: illegally spreading rumors that disrupt public order, uploading inappropriate videos without authorization, hacking into others' websites to steal or alter data, etc. Students should respect personal privacy rights when using the internet to avoid unintentionally breaking the law.

The direct line to Yuan Ze University Campus Security Center: (03) 4553698.